



## Jansankhya Sthirata Kosh (National Population Stabilization Fund)

(An Autonomous Body of the Ministry of Health Family Welfare, Govt. of India), New Delhi

Website: [www.jsk.gov.in](http://www.jsk.gov.in), email id: [jsk.npsf@nic.in](mailto:jsk.npsf@nic.in)

### Scheme: Prerna Strategy

In order to help push up the age of marriage of girls and space the birth of children in the interest of health of young mothers and infants, Jansankhya Sthirata Kosh (National Population Stabilization Fund) is an autonomous body of the MoHFW, Govt. of India has launched PRERNA, a **Responsible Parenthood Strategy** in all districts of seven focus states namely **Bihar, Uttar Pradesh, Madhya Pradesh, Chhattisgarh, Jharkhand, Odisha, and Rajasthan.**

The strategy recognizes and awards couples who have broken the stereotype of early marriage, early childbirth and repeated child birth and have helped change the mindsets of the community.

In order to become eligible for award under the scheme, the girl should have been married after 19 years of age and given birth to the first child after at least 2 years of marriage. The couple will get an award of Rs.10,000/- if it is a **Boy** child or Rs.12,000/- if it is a **Girl** child. If birth of the second child takes place after at least 3 years of the birth of first child and either parent voluntarily accept permanent method of family planning within one year of the birth of the second child, the couple will get an additional award of Rs.5,000/- (**Boy** child) / Rs.7,000/- (**Girl** child). The amount of award is given to the beneficiaries in their Adhar linked account through **DBT**. The scheme is meant only for BPL families.

#### Important Conditions:

1. Couple must belong to BPL family
2. Age of lady should not exceed 30 years
3. The girl should have been married after 19 years
4. First child birth after at least 2 years of marriage
5. Second child birth after at least 3 years of the first child birth
6. Either parent voluntarily accepts permanent method of family planning within one year of the second child birth

#### If above four (S.N. 1-4) conditions are full filled then payment of award:

- ❖ Rs. 10,000/- if boy child
- ❖ Rs. 12,000/- if girl child

#### If all above six (S.N.1-6) conditions are full filled then payment of award:

- ❖ Rs. 15,000/- if both **boy** child
- ❖ Rs. 17,000/- if one **boy** & one **girl** child
- ❖ Rs. 19,000/- if both **girl** child

### **Certificates Required:**

1. BPL certificate of the couple
2. Date of birth certificate of Mother (Schools/Board/Registrar of birth/death)
3. Marriage Certificate of the couple (Registrar of marriages/appropriate govt. officer/delegated authorities)
4. Birth Cert. of 1<sup>st</sup> child (Registrar / appropriate govt. officer registering births/death)
5. Birth Cert. of 2<sup>nd</sup> child, if any. (Registrar / appropriate govt. officer registering births/death)
6. Sterilization Certificate (NSV/LTT), if any, ( Govt. Hospital)
7. Character Cert. (Gram Panchayat)

### **Note:**

- ❖ Photocopies of all relevant documents should be attested by Gazetted officer.

### **CHECK LIST FOR ADMINISTRATORS AND ORGANISATIONS PARTNERING JSK**

1. The selection process should involve the community at all stages. However vital events like date of birth and sterilization etc have to be checked / certified through government sources only. The community should be satisfied about the selection and the selected couples should be worthy of being seen as Role Models for Responsible Parenthood.
2. While identifying the eligible couples, there is a need to examine the reason for the girl's marriage at 19 years. If the reason supports the girl's health, education or skill learning then the selection is worthwhile. In case it was due to extraneous factors, the girl should not be included. It is very important that the PRERNA 'Role models' should inspire confidence and not create controversy.
3. The upper age limit for eligible married women should be below 30 years. There is no age limit for the husband but younger is better.
4. Care needs to be taken while selecting an eligible couple. The girl's marriage should be 19 years (not 18) and the first child should be born when the mother's age is more than 21 years. Likewise the second child should be born after a 3 years gap and there should be documentary evidence of sterilization after the second child.
5. Marriage and Birth registration is compulsory. In case supporting documents are not available, proper certification regarding birth and marriage from authorized sources is necessary to claim the Award.
6. The strategy can be implemented by NGO's or Community level organizations or through Anganwadi workers, ANMs, ASHAs. Funds will be released after the couples are selected and documents have been checked by JSK.

7. Rupees 500 per awardee couple will be paid to the organization that helped identify the couples and got the authentication done on the recommendation of the District Collector/CM&HO. This amount would be paid only at the award ceremony.
8. The eligible couples should not have any criminal record which points to unsuitability.
9. A team to be constituted by District Collector for verification of 10% of total cases and verified list sent to JSK.
10. List of the beneficiaries to be counter signed by the District Collector after verification from CMO/CM&HO/Civil Surgeon.
11. A verification certificate may be issued by the district collector office
12. The amount of award will be transferred in the dedicated bank account “**JSK-PRERNA**” in respective State Health Society electronically. Then the same amount, State Health Society will transfer to the concerned District Health Society.
13. Payments of award are made to the beneficiaries in their Adhar linked account through DBT by concerned District Health Society in presence of District Collector and other prominent dignitaries in a wide press coverage and messages about the health of the mother and health of the child.
14. If the payment of award through Adhar Payment Bridge is not possible for some reason, it may be done either directly in their bank accounts utilizing Core Banking Solution (CBS) facility through PFMS or account payee cheque. (Ensured that all the payments to the beneficiaries are not made in cash or through a bearer cheque).
15. The award amount and responsible parenthood certificate will be given on the day of award ceremony in wide media coverage.
16. The award ceremony should be organized within a month after receiving of award amount.

## **PARTNERS**

JSK seeks to implement Prerna strategy in all districts of seven states namely Bihar, Uttar Pradesh, Madhya Pradesh, Rajasthan, Jharkhand, Odisha and Chhattisgarh with different partners.

## Prerna Application Form



### स्वास्थ्य एवं परिवार कल्याण विभाग

राज्य.....

### जनसंख्या स्थिरता कोष,

गरीबी रेखा के नीचे (बी. पी .एल.) परिवार के लिए |

### प्रेरणा प्रोत्साहन योजना हेतु आवेदनपत्र

सेवा में,

मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी

जिला.....

राज्य.....

हितग्राही का नाम श्रीमती ..... पति का नाम.....

हितग्राही का जन्मतिथि.....(आवेदन के समय उम्र 30 वर्ष से अधिक न हो).....

पता- ग्राम.....विकासखंड.....

जिला.....राज्य.....

बी. पी .एल. क्रमांक.....विवाह की तिथि.....

प्रथम शिशु के जन्म तिथि.....द्वितीय शिशु के जन्म तिथि.....

जीवित संतानों की संख्या- बालक..... बालिका..... योग.....

परिवार नियोजन हेतु स्थायी साधन का विवरण.....

पुरुष नसबंदी (NSV/VT) हाँ/नहीं..... यदि हाँ तो तिथि..... स्थान.....

महिला नसबंदी (TT/LT) हाँ/नहीं.....यदि हाँ तो तिथि..... स्थान.....

मेरे द्वारा दी गई उपरोक्ता एवं समस्त जानकारी सत्यह हैं। उपरोक्त. जानकारी असत्य पाये जाने पर मैं स्वयं जिमेदार रहूँगी।

दिनांक.....

हितग्राही महिला के हस्ताक्षर

पति के हस्ताक्षर

संलग्न:-

1. बी. पी .एल. क्रमांक प्रमाण पत्र
2. हितग्राही महिला के जन्म प्रमाण पत्र
3. विवाह पंजीयन प्रमाण पत्र
4. शिशु के जन्म प्रमाण पत्र
5. पुरुष/ महिला नसबंदी प्रमाण पत्र
6. चारित्र प्रमाण पत्र

**JANSANKHYA STHIRATA KOSH (JSK)  
(National Population Stabilization Fund), New Delhi**

Check list for validating eligibility/amount of award under JSK Prerna Strategy

State:

District:

F.Y.

S.N.	Name of Beneficiary	Name of Husband	Full Address	Contact no.	BPL Card No.	DOB (mother) School record from Registration of birth register as per Govt. practice	Date of Marriage (Mother) (Certificate of Regl. Of Marriage) Amend/ not Acceptable	Gap Age at Marriage (should be >19) in Year & month		Circumstan- sial factors responsible for marriage after 18 Yr of age	DOB (Ch-1) from Registration of birth register as per Govt. practice	Gap between marriage & birth of 1st Child in Year & month		DOB (Ch-2)	M/F	Gap in Year & month		Date of sterilisation (Male/Female) from authorised source (Govt.)	Gap in month (2nd child sterilized)	Amount of Award in Rs.	Remarks	
								Yr	M			Yr	M			Yr	M					
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
1																						
2																						
3																						
4																						
5																						
6																						
7																						
8																						
9																						
10																						
11																						
Total																						

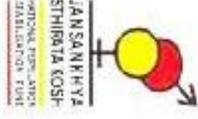
Chief Medical & Health Officer  
District...../.....

President/Secretary  
NGO

Consultant  
JSK

Consultant (F&A)  
JSK

Counter Sign  
District Collector/DM



# जनसंख्या स्थिरता कोष

(राष्ट्रीय जनसंख्या स्थिरीकरण कोष)

स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार की एक पंजीकृत सोसाइटी

दायित्वपूर्ण मातृत्व-पितृत्व के लिए

## पुरस्कार

श्री ..... और श्रीमती ..... निवासी ..... को रूपे .....

मूल्य का पुरस्कार, किसान विकास पत्र के रूप में दिया जाता है।

यह पुरस्कार उन आदर्श व्यक्तियों के लिए एक सम्मान है जिन्होंने मातृत्व-पितृत्व की रवश्य व्यवहारिक प्रक्रियाएं अपनाकर तथा माता और बच्चों की सही देखभाल करते हुए निम्नलिखित कार्यों द्वारा मार्गदर्शन किया है:

1. 19 वर्ष की आयु होने तक लड़की की शादी रोकना।
2. माता की आयु 21 वर्ष हो जाने के बाद पहले बच्चों को जन्म देना।
3. पहले एवं दूसरे बच्चों के जन्म के बीच 36 महीने का अन्तर रखना तथा दूसरे बच्चों के जन्म के बाद माता-पिता में से किसी एक का वन्द्यीकरण करना।
4. विवाह एवं बच्चों के जन्म का पंजीकरण करना।

ये सभी स्वस्थ, दायित्वपूर्ण कार्य हैं जिनका जनसंख्या स्थिरता कोष जोरदार समर्थन करता है।

मुख्य चिकित्सा एवं-स्वास्थ्य अधिकारी,

जिला मजिस्ट्रेट,

कार्यपाल निदेशक,  
जनसंख्या स्थिरता कोष